

Chef Crystal Blanchette

2021 Media Kit





About Crystal

Chef Crystal is a Private Chef to some of Los Angeles' most talented entertainers and health enthusiasts. With over 10 years experience working for several high profile clients such as her current Will Smith and the Westbrook Production Team with previous clients ranging from Will.i.am, The Artist Prince, George Lucas(Lucas Films), Mike Tyson, and Jessica Simpson to name a few. A graduate of the California Culinary Academy and an alumni of San Diego State University with a degree in Nutritional Science, Chef Crystal has combined her education and professional training to formulate a healthy cuisine ideology. She has been able to create a name for herself by sharing her passion with an emphasis on organic produce, grass fed meats, and even provides the necessary tools to go vegan. Chef Crystal has worked in various environments that has given her space to perfect vegan cuisine in a way that enhances the benefits of this lifestyle; which positively affects her clients personally as well as the global environment.

Chef Crystals wears many hats. A co-parenting Mother of two, owner of Chef Crystalz World (lifestyle Chef brand), Chefs Guide to Divorce (divorcee dinner events and recipe blog), #CineSoul Dine (community film, music, and dinner series in partnership with AirBnb) and lastly her partnership in a culinary urban development project called Inner City Kitchen set to open in the city of South Los Angeles where they will cater to the community by providing healthy food options but also bring in health experts to share their knowledge on a healthier way of life.

Chef Crystal has proven that healthy eating can be achieved by demonstrating to others through her personal experience as a single working mother of two. Chef Crystal believes we have lost touch with our communities and families by making eating a part of our daily checklist as opposed to a priority. It has become her mission to lead others in her philosophy that, "Food is not only a necessity for survival but also a way to connect with one's body. Allow food to nurture your body by making it a priority and not a chore."

Clients

- The Artist Prince
- Lucas Films
- Will.i.am
- Mike Tyson
- Will Smith
- Orasi Productions
- The Dolce Group
- Heartcore Leadership
- Jessica Simpson



Press

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BRONZE
CELEBRATING WOMEN OF COLOR

77 WABC
RADIO

INSIDER

THRIVE GLOBAL

UP JOURNEY EVERYDAY HEALTH

VoyageLA

GOOD
MORNING
LALAND

Brand Partners

airbnb

SPREAD THE
LOVE

tosì

ZUKKEE
KITCHEN
GLUTEN FREE

BEYOND MEAT

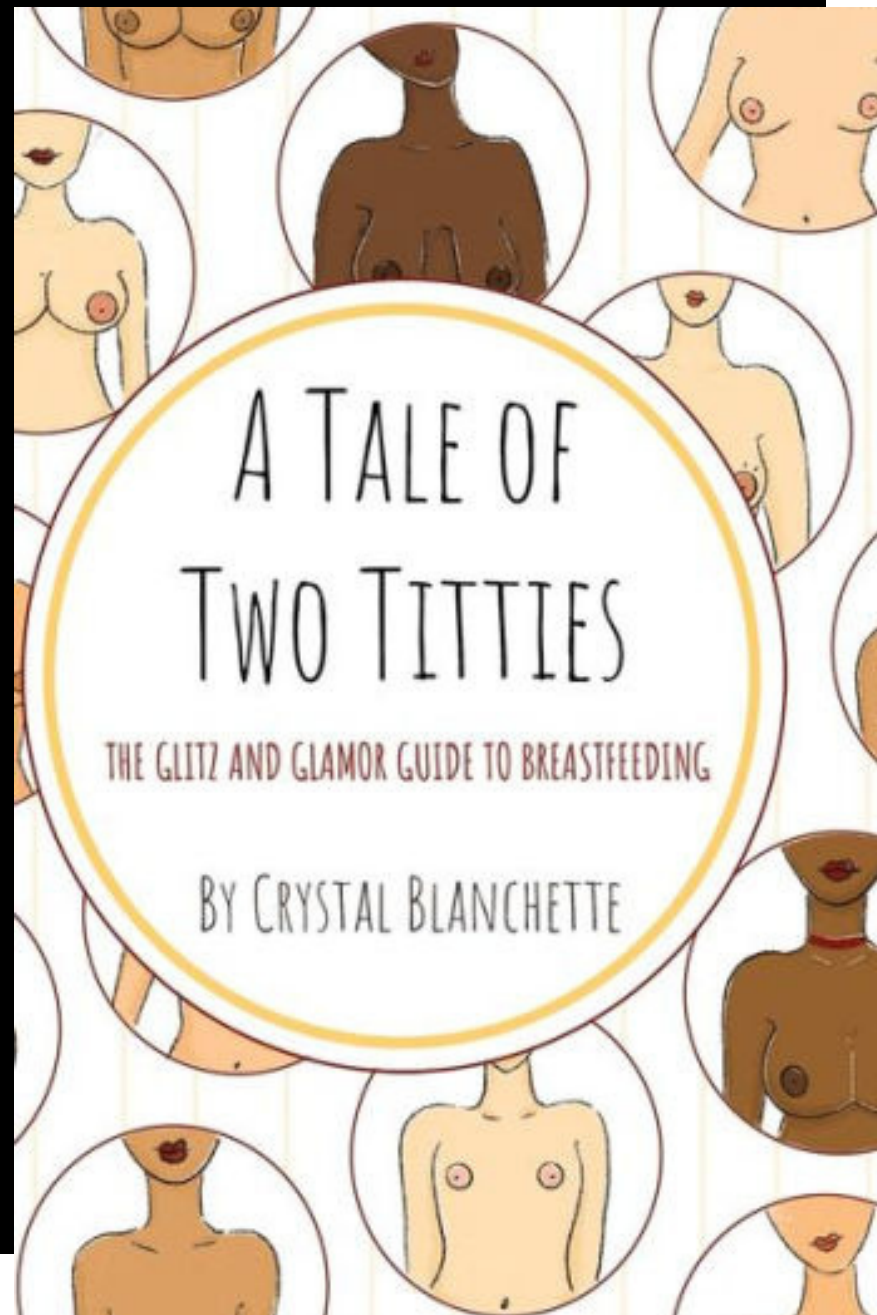
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Author of A Tale of Two Titties

Crystal Blanchette is a Mother of two beautiful children; Benjamin and Mia, and is a breastfeeding, formula advocate, private chef to LA's most talented entertainers and health enthusiasts, and entrepreneur. Crystal's children activated her love for sharing personal mommy experiences with others, whether they were good or bad.

A Tale of Two Titties was inspired by Crystal's dear friend, Demfis Fyssicopulos, who encouraged her to document the hilarious breastfeeding journey with her young children. This book is meant to inspire other Mommies to live their best life and remind you to not give a F*ck what anyone says about your tits and your baby.



Press





Contact

PUBLICITY

kelsey@twentyonenorth.co

www.chefsguidetodivorce.com

www.chefcrystalzworld.com

@chefcrystalzguide & @chefcrystalzworld